

# POSTNATAL SANCTUARY



[BABYCUES.COM/SANCTUARY](https://www.babycues.com/sanctuary)

Hi there!

Congratulations on the birth of your baby, or perhaps babies!

I'm so pleased you have found your way to

BabyCues Postnatal Sanctuary

where you can

relax, restore, and receive

the knowledge,

support and

nurturing care

that all of us

wish for our

family.



*Philippa Murphy*

welcome

## TO YOUR SANCTUARY

WHERE COMFORT MEETS INTIMACY

From the moment you step through Philippa's doors, into her home, you'll be enveloped in an atmosphere of warmth, homely comfort and educational knowledge that establishes the intimacy that Philippa knows you would love and deserve with your baby. Her mission is to have you leave with a calmer, healthier baby, and feel more equipped to offer this to your baby with the skills and rested wellbeing you will receive.





## LOCATION

Step into a world where history, the essence of spirituality and modern comfort converge seamlessly at this gorgeous 101 year old Postnatal Sanctuary, which is located twenty minutes inland from the beautiful seaside town of Oamaru. It is here that you can see blue eyed penguins, the Headquarters of Steampunk NZ, a beautiful Victorian township, and hang out at some stunning beaches if you'd like to explore. We also have the Alps to Ocean bike trail, almost on our door step if you are joining us in the later postnatal stages and are wanting some fresh air.

# PHILIPPA OFFERS

## QUALIFICATIONS

- Thirty years experience and training
- Live-in hands on care for sixteen hours a day
- Step-by-step plan on healing digestive discomfort for your baby
- Understanding from a practitioner and mother perspective
- Nurturing of comfort to enable more sleep for you all
- Natural remedies for many postnatal happenings
- Simple, logical education to prepare you for home

"I believe that all parents require more encouragement, relief, and information that makes logical sense, so they can truly connect to that part of their baby, and themselves that is our basic humanistic ability and knowing."





## ACCOMMODATION

### *Kitchen and food*

Step into Philippa's rustic and well-resourced kitchen, where you can help yourself as you would in your own home, or have Philippa prepare a meal from the home-made pre-made meals, with quality ingredients that are all focused around Philippa's well-known healthy, nutritional **breastfeeding diet menu's**.





## ACCOMMODATION

### *King bedroom*

Welcome to your expansive, mezzanine room and bed where you and your baby can rest and recuperate, or you can while Philippa care's for your baby downstairs.

In your room there is a small flat-screen with Wi-Fi connectivity, providing entertainment at your fingertips. A well-appointed workstation provides a dedicated space for catching up on work or correspondence, should the need arise, and if you or your partner would like to work out, then there is a basic set up of a boxing bag, weights and a stationary bike.

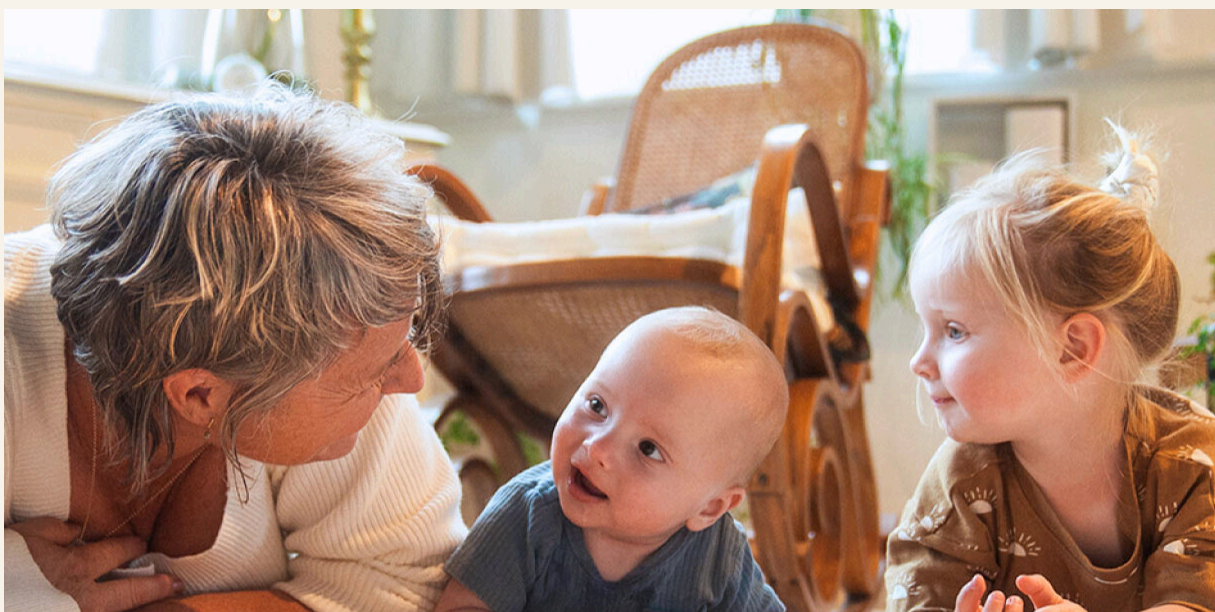




## ACCOMMODATION

### *siblings bedroom*

Philippa knows that it's not always easy to simply pack up and leave other children at home while you decide to concentrate on you and your baby, so she is pleased to be able to accommodate one other child in a somewhat quirky, but fun-filled single room.

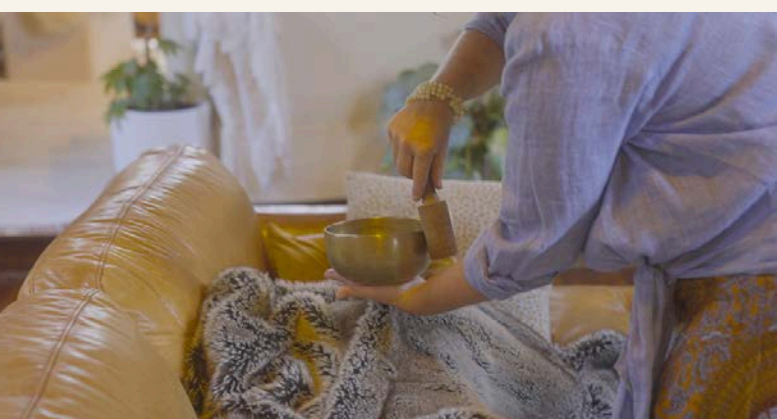






## PAMPERING

Along with being able to catch-up on sleep, you can accept a complimentary massage for yourself, or book an additional one at anytime. Also, given Philippa is an International Baby Massage Instructor, and trained in Reiki, she loves to teach parents, and provide massage for the baby, which can be provided daily if you'd like. A deep soak in our bath is always open to you, as is meditation and sound healing, that Philippa has used in her own life after travelling through India.





## HOW IT WORKS

- 01 BOOK A DISCOVERY CALL
- 02 CHOOSE LENGTH OF STAY
- 03 READ & SIGN AGREEMENT
- 04 PAY BOOKING FEE
- 05 ARRIVE AND RELAX

## ALL INCLUSIVE

Philippa for sixteen hours a day  
Food, electricity, Wifi,  
Baby Massage  
1 x Mum Massage

07 DAYS - \$5,999.00

14 DAYS - \$9,999.00

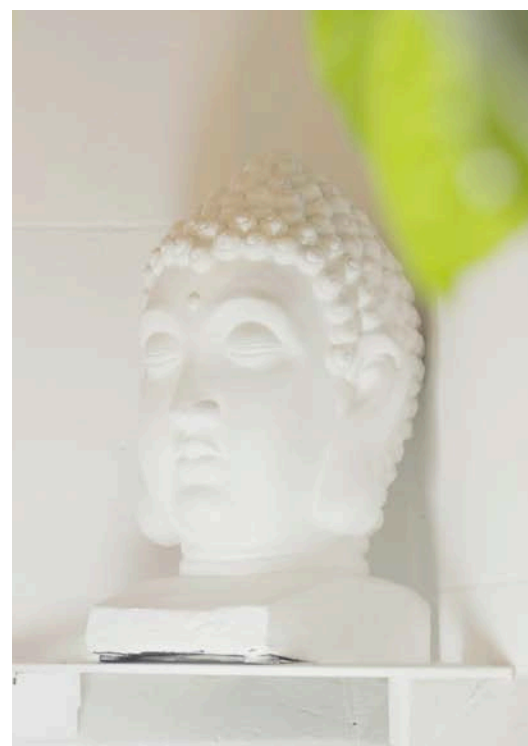
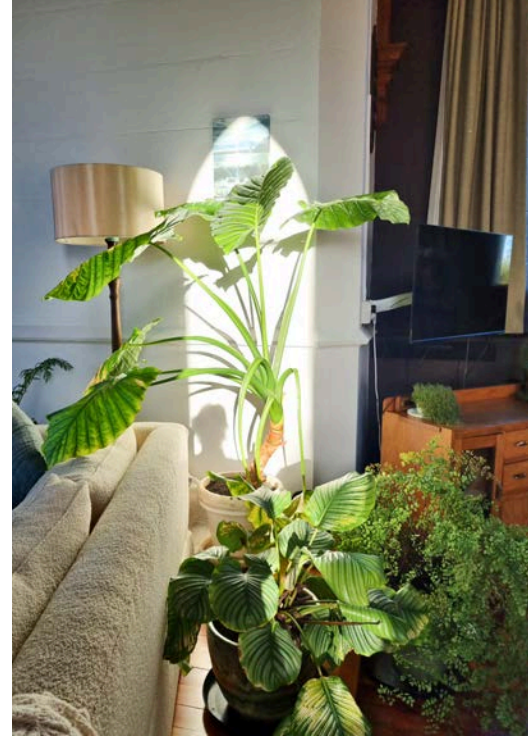
21 DAYS - \$14,999.00

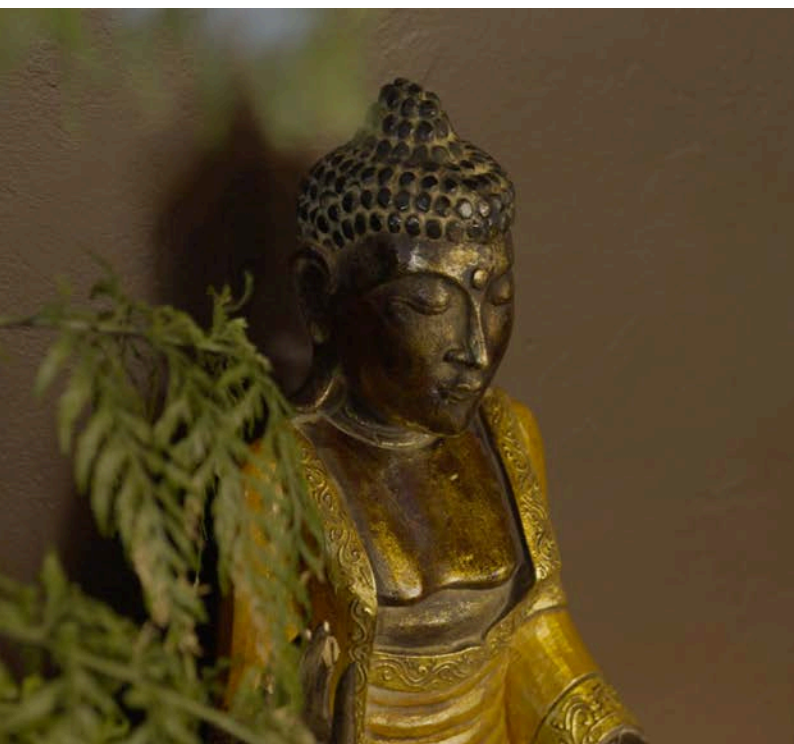
The above fees are for a Mum and baby. If partner also comes then an extra \$130.00 a day is to be added and a sibling is \$90.00 extra a day. Extra's like pickup from airport may create additional charges but these will be advised after our discovery call.

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## BOOK A CALL

click on the words to book a discovery call







BabyCues Postnatal Sanctuary

1000 Weston-Ngapara Road

Elderslie

Oamaru

[BABYCUES.COM](http://BABYCUES.COM)